# INSTITUTE FOR CHILDREN'S AID

# CHILD AND FAMILY COUNSELING SERVICES

The Child and Family Counseling Services program is a very unique type of program. ICA has many years of expertise in assisting families and children, especially those

children who come from trauma based circumstances. Many children come into a family through "blended" circumstances; many may have come from foster care; many have come from orphan institutional care and adoption; many have been in a life as a refugee, immigrant, non– immigrant fleeing from their native home for safety; many have come from a life of being trafficked and many have simply been raised by you from birth and you have hit a really difficult journey with them. We understand your issues and the challenges you are facing. Our goal is to help you unglue the situations and get back to a healthy functioning family. There are a variety of unique groups for children ages 10 & up using strength based therapeutic techniques. And there are groups for families and individual sessions. Monday– Saturday appointments available, day or evenings.

# **CHILDREN'S PEACE EXHIBIT**

The Children's Peace Exhibit consists of Interactive stations that showcases children's universal rights and the problems they face on a day to day basis when those rights are suppressed or violated. This exhibit engages with individuals on an interactive level to bring about understanding and cooperative action. Discover, support, and work alongside a variety of groups and organizations to protect and support children worldwide.

**URGENT!** We need a \$230 sponsor for each child's required specialized group sessions and educational classes.

# JUBILEE EXCHANGE

The *Jubilee Exchange* store is a whole sale retailer of fair trade products. The sales from the Jubilee Exchange store are used to make a positive difference in the lives of children, families, and communities worldwide. When you shop at Jubilee Exchange you're not just buying products, you're buying a better future.

## SINAI IMMIGRATION AID

# CHILD AND FAMILY COUNSELING SERVICES

ICA offers counseling for all families and their children

## **GROUP SESSIONS**

- Drumming
- Expressive and Theatrical Arts
- Connectedness
- Topical (i.e.. Bullying, (Depression, Anxiety, Anger)
- Trauma Focused Cognitive
  Behavioral Therapy

## **OTHER SERVICES**

- Assessments, Testing, Evaluations
- In-home behavioral coaching
- Tutor
- Post-adoption services
- Supervision

#### Www. icacounseling.org

## HOPE PAKS

- New shoes for kids (all sizes)
  - Hygiene Paks: Shampoo, toothpaste, toothbrush, etc.
- Backpack Pak for children: Small stuffed toy, coloring/storybook, crayons. socks, underwear, size M child T-shirts, etc.
- Baby Pak: Small baby blanket, toy, diapers, wipes, baby food in pouches, etc.
- Pak for moms: Hair brush, soap, lotion, hair ties, size M women shirt, socks, size 6-7 underwear, etc.

### Wrapping and Labeling Instructions

- Please put all of the contents from your Pak into a backpack, a diaper bag, a duffel bag, or a Ziploc bag.
- To prevent spills, secure all lids & seal Ziploc bag.

Sinai Immigration aid seeks to provide vital programs and resources to immigrants in need, defending their rights, providing refuge to those fleeing persecution, war, oppression and poverty and connecting them with the necessary legal and social resources, as well as bringing awareness to the difficulties faced by those who come to the USA in search of a better future for their families and themselves.

SEE BACK FOR MORE

# ICA PROGRAMS & SERVICES

**ICA MISSION STATEMENT** ICA (International Christian Adoptions and the Institute for Children's Aid dba) began in 1990 now with offices in California and North Carolina. It is fully licensed, Hague and B.I.A. accredited. ICA was built on the foundation of Hospitality and Sanctuary, seeking to be a voice of justice for those who cannot speak for themselves, believing that ALL life is sacred. ICA's mission is to secure the emotional, spiritual and physical welfare of children who have been trafficked, abandoned, abused, neglected and found in the streets, refugee camps, government run institutions and foster care finding them safely and security in a home filled with Hope.

**AMERICA'S ORPHANS:** ICA holds contracts with County Department of Children's Services programs and networking resources. These are "special needs" children with some physical, emotional, or social limitations. There's an overabundance of children over the age of 4, sibling groups, multi-race and cultural backgrounds and babies exposed to drugs. Families will be challenged to equip themselves through books, videos, seminars and live training. There are financial and medical incentives available exclusively in this program, making the cost of this adoption virtually non-existent.

**RESPITE CARE** can range from just a few hours to a month. Respite is generally used when a child is in transition between foster and adoptive placement OR when a child needs a break from the current placement.

WELCOME HOME Adoption/Hosting Program: Welcome Home is a ministry of ICA. The purpose is to find permanent homes for older orphaned children. Welcome Home is held every summer and winter– ICA has programs for USA foster kids, Latvia, and Philippines children, ages 5-17, who have been orphaned, abandoned and/ or are wards of the state, participate in one of the three versions: Weekend (USA), one week (USA), 3-6 weeks (International). The children stay in the host families homes and attend planned activities and events designed to advocate for permanency.

## INTERNATIONAL ADOPTION PROGRAMS

ICA is Hague accredited and fully licensed to do adoption related services in BOTH In-Coming and Out-Going cases. It also serves relative families who are adopting related children in the U.S. or out-of-country. ICA has statewide licenses in California and North Carolina but can also work in other states through its partner agencies. ICA is registered in BULGARIA, INDIA, LATVIA, PHILIPPINES, POLAND, and TAIWAN. ICA also works in HUN-GARY, UKRAINE, CHINA, and AFRICA. ICA conducts a 4 week *Welcome Home Program* in the countries of LATVIA and PHILIP-PINES for children who are eligible for adoption.

## **NEW BEGINNINGS**

**Birth Parents:** A social worker, from ICA, meets with birth mothers during their pregnancy. The birth parents have an opportunity to share their story and ask questions. If the birthparents decide to make an adoption plan, they're encouraged to participate by selecting adoptive parents among those who are Home Study approved.

**The Baby:** In most cases, the baby can come home after being released from the hospital. Birthparents sign legal documents to "relinquish" their parental rights so the child can be adopted. The amount of time it takes to complete the legal paperwork can vary.

**Adoptive Parents:** Before being matched with a child, prospective adoptive parents are interviewed. They **MUST** complete 32 hours of adoptive parent training. Once they're matched with a child, the so-cial worker serves as the liaison between the hospital, the birth family, and the adoptive family for a smooth transition. After placement, the social worker will meet with the family for 6 months to monitor the child's well-being and the family's adjustment.

**Open or Closed Adoption:** Some adoptions are closed- with little to no relationship between the families. Some adoptions are semi-open or open- with continued exchange of updates and photos over the years. In some adoptions, the social worker helps the birth and adoptive family come to a shared understanding of expectations for contact.

**JOURNEY OF HOPE** is a foster care program for children who are homeless, abandoned and disenfranchised. They seek a home that they can call their own. Some children come from war torn and civil unrest environments. The Children range from ages 6 and up and there is a tremendous need for families to provide a home for sibling groups. Many children have English as a Second Language.

SEE BACK FOR MORE

# INTERNATIONAL CHRISTIAN ADOPTIONS

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