

*a voice of
hope for
children
worldwide*



Contact Us

41745 Rider Way #2,
Temecula, CA 92590
951-695-3336
www.4achild.org
info@4achild.org
icacounseling@4achild.org



**INSTITUTE FOR
CHILDREN'S AID**

A Voice of HOPE for Children Worldwide



*Mental Health &
Education Department*

CHILD TRAUMA & LEARNING CENTER



Our Mission

ICA's highly skilled and trauma-trained counselors offer years of expertise assisting children and families by bringing hope, healing, and understanding through a Christian perspective.

Our staff members serve a wide variety of children from all backgrounds and traumas including:

- Those in domestic foster care & adoptions
- Those who come from international orphan institutional care
- Those dealing with behavioral challenges due to transitions, adjustments and family issues
- Those struggling with grief/loss, anxiety, depression, PTSD, ADHD, and much more

Because ICA understands the difficulties and the challenges children from hard places have faced, we desire to come alongside in equipping them with the tools they need to heal and thrive.

"WE ARE SO
THANKFUL WE
FOUND ICA!
THEIR TEAM HAS
GONE ABOVE AND
BEYOND TO HELP
OUR FAMILY. BOTH
OF OUR KIDS HAVE
GROWN IN THEIR
CONFIDENCE IN
SHARING THEIR
EMOTIONS AND WE
FEEL BETTER
EQUIPPED AS
PARENTS!"
-PARENT TESTIMONY



About Us

COMMUNITY BASED

Our counseling center is open to the public and serves children and families from all over Riverside and North San Diego county.

COUNSELORS

Our counselors utilize Trauma Focused Cognitive Behavioral Therapy- CBT and employ Play Therapy based techniques. Our counselors specialize in PTSD and grief/loss and have expertise in foster-care and adoption.

SERVICES WE OFFER

- Individual Therapy
- Family Clinic
- Group Therapy
- Telehealth
- Child Assessments & Evaluations
- IEP Help
- Behavioral Plans
- Post-Adoption
- Life Skills Sessions
- Parent Support Groups / Training Classes

OUR COSTS

- \$80 intake (90 minute intake session)
- \$50 session (50 minute clinical session)
- Open Monday-Friday, 8am-5pm

DONATIONS

If you are looking for ways to serve foster & adopted youth, ICA accepts donations for therapy scholarships. Donations are used for families who are in need of financial assistance.