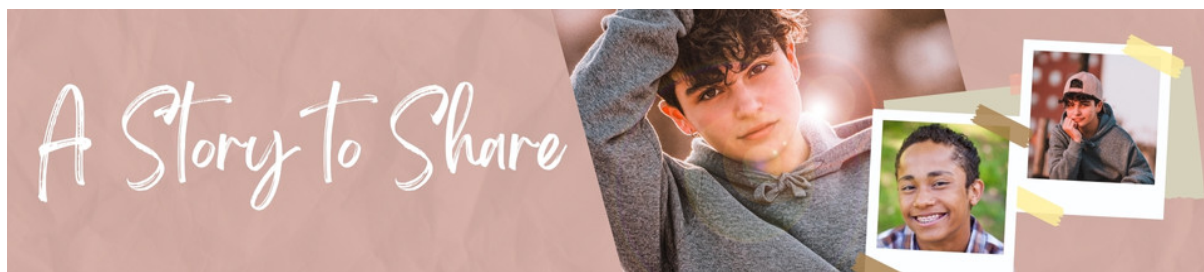


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| Spring 2024 |



**A story from one of our past
Unaccompanied Refugee Minor Foster Youth:**

"A little background. I'm originally from Honduras. I now have two daughters.
I was raised by my mother and my grandmother; I have 4 sisters.

When I decided to go to America, I was 15 years old. I had never left my country, so my trip was a new adventure. When I left Honduras, I didn't know what my destination was. The trip was a month and I had to travel by train. I spent a few days without eating so my journey was hard and difficult, but despite that long and difficult adventure, I learned a lot about life.

My experience in the United States has been kind of strange and good. I could say I've met good people, but I have also had to deal with people who don't like Latinos. It's understandable because in the world there are good people and bad people too, but I'm lucky because I have known more good people than bad people.

Not all of us are fortunate to have loving parents and family who take care of us. When we look for love or understanding, it is difficult to think that someone else could love us because if our own family did not love us, how will a stranger person love us? This is why we close our heart and we get angry and we do not let anyone in, so each young immigrant has a different problem. And the only thing they need is people who make them feel loved and who interact with us, include us, who love and support without judging who we are or were.

I have gone through difficult stages, but the time I spent with ICA has been good. They have given me hope and they helped me a lot and I have gotten well. I am grateful to all of them - ICA is always available for help and I am very encouraged by my progress and how I've learned new things.

It is difficult to help young people like us, not all of us are responsible, respectful, and educated, but I believe that every person deserves a second chance because sometimes we only look at the bad things about people without knowing their history. In my experience, there have been families from ICA that were willing to help youth like me, I am very grateful for their support.

Thank you to all the people who help us young people and people in these situations."

Want to Share Your ICA Story Click Here



ICA Cohort!

We've been asked plenty of times how people can volunteer, help, or aid ICA and we've been working on a good way to answer this question and we're excited to announce the ICA Advocacy Cohort. This program will allow those who want to represent ICA and champion what we do. Stay tuned as we continue to build out the program and start to unravel how to be a part of the ICA Cohort.

Sign Up to Get Updates about the Cohort



Citrus Heights

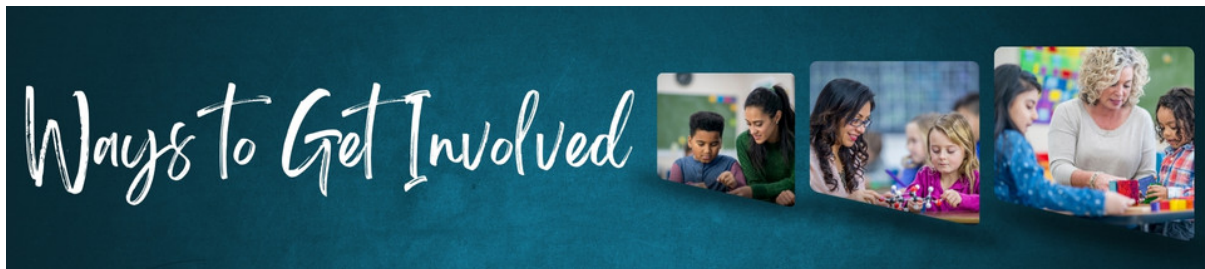
- **3/23 Hope Fest 2024**
[SACRAMENTO | Hope California](#)
- **4/13 Sunrise Community Church Pop-Up Shop Vendor Fair**
<https://sunrise.ccbchurch.com>

Temecula

- **Murrieta Night Market -**
Thursday evenings ICA sells fair trade items (*Last Month at the Night Market*)

- **4/27 ICA Trauma Training Seminar** by Dr. Michell Cook
at Bayside Adventure Church
[Sign Up Here](#)

For More Information About Our Events



We actively have needs for our Trafficked Victims and Families in Post Release Services such as:

- Gas for vehicle
- Groceries
- Daily hygiene items
- Various home supplies

If you'd like to donate to this effort, we are requesting gift cards only and to stores like Walmart, Target, grocery stores and gas stations. If you're able to donate these gift cards, please contact ICA so we can connect on how to receive them.

I'd Like to Donate Gift Cards



- Pray that we would receive more families willing and able to become Foster Families.
- Pray that our Counseling Center would continue to positively make an impact in the Foster Families we serve AND be a source of hope to those children and youth in need that are in our community.
- Pray for our TVAP and PRS families to receive the financial accommodations they need.



"Surely your goodness and love will follow me all the days of my life, and I will dwell in the house of the Lord forever."

~ Psalm 23:6

Each day is a new day to reflect on the goodness of the Lord. While each day may not be the "perfect day", and while we all have our own seasons of life, we all have good and bad days, God is still faithful. His goodness and His love will follow you all the days of your life. We hope and pray that in whatever season of life you're in that you can sit and reflect and know that God is with you and He loves you.



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