

STAY CONNECTED WITH ICA





"A Voice of HOPE for Children Worldwide"

"Safety, food, water, and shelter are things that we tend to take for granted, but these are priceless treasures in the world of a refugee."

DID YOU KNOW?

World Refugee Day is an international day designated by the United Nations to honor refugees around the globe. It falls on June 20th every year and celebrates the strength and courage of people who have been forced to flee their home country to escape conflict or persecution.

WHAT IS A REFUGEE?

Refugees are those who are forced to leave their country and flee elsewhere due to war, torture, conflict, and violence.

(916) 248-8490 Citrus Heights, CA Temecula, CA Durham, NC 4ACHILD.ORG



Understanding Refugee Transva

What kinds of trauma does a Refugees experience?

Examples:

- Young mother experiences tremendous stress during pregnancy
- Domestic violence
- Being primary caregiver for siblings at a young age
- Death/disappearance of family member
- Serious bodily injury/loss of limb/mutilation/burn
- Life threatening or chronic medical issues
- Rape
- War, bombings, witnessing acts of violence
- Natural disasters
- Physical/sexual abuse
- Removal from /loss of parents; change in care-givers
- Loss of country/family/home/language (related to resettlement)
- Discrimination/bullying in new home country

"For this child, I have prayed." Samuel 1:27

Many refugees have been victims of severe violence that has profoundly affected their physical, psychological, and spiritual lives. Refugee individuals and families have sustained multiple losses, including family, country, social position, social network, language, and status. Many have been confined in refugee camps for long periods.

Ultimately, if they find themselves living in the United States, these kids bear the emotional toll of the violence they have experienced and of their refugee status. "TRAUMA IS A FACT OF LIFE BUT IT DOESN'T HAVE TO BE A LIFE SENTENCE."

Peter A. Levine

Arriving on July 4th

THE FIGHT FOR KIDS BEGINS JULY 4

Sound of Hope: The Story of Possum Trot

Watch the "Sound of Hope" this summer!

We are trusting our churches, our advocates, and anyone that supports ICA's mission and vision to watch the film **Sound of Hope: The**

True Story of Possum Trot and capture a glimpse of the heart of Foster Care and Adoption and thus, help spread the word for

the July 4th premiere.

it's a must-see!

"I have gone through difficult stages, but the time I spent with ICA has been good. They have given me hope and they helped me a lot and I have gotten well. I am grateful to all of them – ICA is always available for help and I am very encouraged by my progress and how I've learned new things.

It is difficult to help young people like us, not all of us are responsible, respectful, and educated, but I believe that every person deserves a second chance because sometimes we only look at the bad things about people without knowing their history. In my experience, there have been families from ICA that were willing to help youth like me, I am very grateful for their support.

Thank you to all the people who help us young people and people in these situations."

-an ICA Foster Youth

"We need to address an emergency situation of unaccompanied children coming across the border who have already been through so much and need our help now!"

Thank you for reading and for being part for change! Together, we can make a difference.

Every Action Counts



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