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| August 2025 |



National Month of Wellness

Two methods to support well-being.

#1, Research shows that sharing meals together is one of the strongest predictors of well-being according to [Gallup's recent global data](#). Report reveals higher life satisfaction, greater happiness and lower levels of loneliness — benefits that hold true across cultures, ages and backgrounds.

#2, Families that have fostered or adopted children are 2x as likely to report they are flourishing. Christian Alliance for Orphans (CAFO) released a first-of-its-kind report highlighting new data and an unexpected trend [Engagement in US Foster Care: 2025 Data and Trends](#). There is an elevated **trust for faith-based nonprofits to “do the right thing”** for vulnerable children and families who support them far above any other institution.

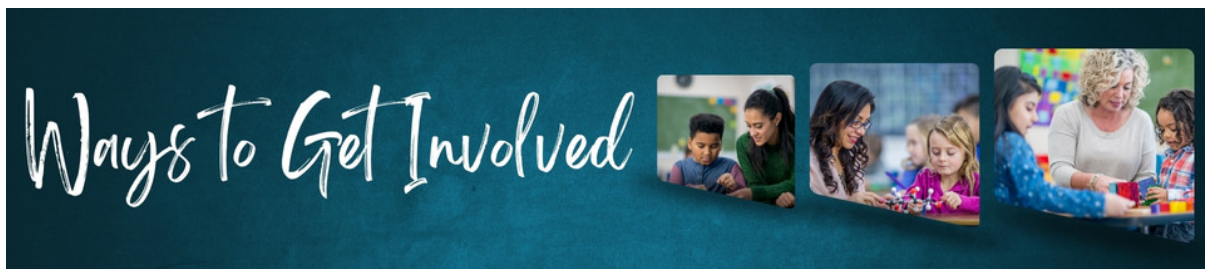
Notably, the more devoted a person is to their faith, they are 2x as likely to adopt, 3x to foster, 45% to volunteer/donate to nonprofits. Our faith makes a world of difference!



- 7/23, ICA Attended Alliance Summer Member BBQ



- Upcoming event at St. Joseph Church in Sacramento
- Catch our Fair Trade store (Jubilee Exchange) at the Murrieta Night market, every other week.



An easy way to advocate: Post flyers or display ICA materials on your

church bulletin board, local business, place of employment, etc

ICA Flyers



- Praise for recent successful accreditations received for domestic & international programs
 - Praise 36 youth attended group session
 - Praise for successful ICA sponsored SIL conference
 - Praise and prayer for 96 current refugee youth placements
 - Pray for submission of grants for mental health services to be approved
 - Pray for youth & kids going back-to-school; transitions are difficult
 - Pray for birth mother post-placement counseling
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ICA's purpose is to provide physical, emotional, and spiritual support for our families to love well. These relationships with those in affliction become the tangible resources God uses to provide Gospel Hope.

*And **hope** does not put us to shame, because God's love has been poured into*

our hearts through the Holy Spirit who has been given to us. Rom 5:5



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